



COMOX VALLEY
LAND TRUST

President's message

Have you heard about our new campaign? The Soil Your Undies Challenge has been getting quite a bit of media attention and we've also been airing that dirty laundry extensively on our social media sites.

As part of the challenge, we invited Comox Valley residents to bury their cotton underwear and then dig it back up in 60 days. The more the underwear disintegrates, the healthier the soil. Healthy soil is key to capturing carbon and carbon storage is vital to natural climate solutions. We have been encouraging people to share their results by posting photos and videos on our [Facebook page](#). Check it out!



Healthy soil holds billions of microscopic organisms. Just one teaspoon has more microbes than there are people on Earth. Soil microbes are constantly feeding on organic matter and store carbon. Half the carbon in natural growing areas is stored in roots, fungal filaments, creatures, microbes, and humus. Healthy soil nourishes the plant life that stores carbon. Carbon sequestration in our soil, forests, and wetlands can deliver up to a third of the global greenhouse gas reductions needed by 2030.

If you're keen to get involved, check out the instructions on our website and support our [Natural Climate Solutions Fund](#). Get your undies in the ground and check out their disintegration over the coming months.

Yours in conservation,

Pieter Rutgers, CVLT President



We respectfully acknowledge that the land we gather on is on the unceded traditional territory of the K'ómoks First Nation, the traditional keepers of this land.

2022 CVCP calendars



2022 is just around the corner and so are opportunities to buy your next Comox Valley Conservation calendar. The 2022 full colour wall calendar features stunning photographs of local wildlife and natural areas. Each month includes information about local stewardship groups working hard to protect the natural beauty and biodiversity of the Comox Valley.

The calendars are \$20 each and make great gifts. They will soon be available at a variety of retail store locations, or you can contact CVLT director David Stapley directly at calendar@cvlandtrust.ca or by text at 250-792-0906.

Thank you for supporting this CVLT fundraiser.

qax mot = “Lots of medicine”

CVLT's protected sites are on the traditional unceded territory of the K'ómoks First Nation. Those sites that are managed by the Comox Valley Regional District are being renamed in co-operation with KFN. Going forward, the site previously known as the Morrison Creek Conservation Area is now qax mot Conservation Area. In Ayajuthem, a Coast Salish language shared by the peoples of K'ómoks, Tla'Amin, Homalco and Klahoose, qax mot means lots of medicine. That is a wonderful description of the site, and we look forward to the new signage that CVRD will soon install.



Summer students working with CVRD helped build a new bridge in qax mot that allows visitors to safely cross Morrison Creek, thus connecting the pathways. Pictured here with CVLT board member Michael Nihls (centre) are students Ryan and Sienna and staff Debi and Daniel. Thank you!

For more information on qax mot Conservation Area, please visit our [website](#).

Welcome Nick Page



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CVLT was pleased to welcome biologist Nick Page as a member of the board at its annual general meeting in June. Nick has a broad range of experience in conservation planning in coastal B.C. Most of his work has focused on helping local governments plan, design, and implement policies and projects to protect and restore biodiversity in urban areas. Nick's contributions to CVLT's land protection committee will be much appreciated.

Nick grew up in the Comox Valley and recently returned after several decades based in Metro Vancouver. He lives on a farm near Seal Bay Park.

The Comox Valley Land Trust is a community-based, not-for-profit organization that works to protect, conserve, and restore the ecologically significant land, waters, and wildlife habitat of the Comox Valley region.

We are members of the Land Trust Alliance of BC and adhere to the Canadian Land Trust's standards and practices. Since our creation in 1999, we have been certified by the Province of British Columbia to hold conservation covenants.

We are a registered charitable organization;
registration number 872590278 RR 0001.

Please consider making a tax-deductible donation today.

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